

The Contact

FIRST LUTHERAN CHURCH — NORFOLK

1301 Colley Ave., Norfolk, VA 23517

Parish Office: 757 625 1953

www.flcnorfolk.com

VOL. XXXV

AUGUST 2021

NO. 8

This year's Vacation Bible School theme is "Come to the Table"



"Come to the table.

Come take your seat. Come and eat with me.

There is more than enough to share.

Yes, God's love is everywhere!

Come to the table Come and eat!"

Our theme will center us around stories about Jesus eating with unexpected people, providing food for a crowd, and extending welcome and forgiveness. Because when you eat with Jesus, anything can happen!

VBS will be held here at First, beginning Sunday, August 8 through Thursday, August 12 from 5:30 p.m. to 7:30 p.m., providing a meal, music, story, crafts, and games!

The Bible memory verse for the week is John 6:35 (NRSV) – Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty".

VBS is an extremely important ministry of our church to our community. Vacation Bible School is a short-term event with long-term results. God has used VBS to call individuals into His service, such as Christian Educators, Children, Youth and Music Directors, and even Pastors. I should know, I am one of those individuals who was introduced to Christ through VBS.

At this time, we are in our planning stages, and we need volunteers. Many hands make the work light.



Some of the areas that we need your help with are Shepherds, who lead the children from one activity station to another. We also need volunteers to help with our crafts activity station.

Please contact co-directors Nickie Stewart and Julie Sutura at stewtera7@yahoo.com or Pastor Phyl at pmilton@flcnorfolk.com.

If you are not able to volunteer, we ask for your prayer support. VBS is "God's Work, Our Hands". This is our way of sharing the Good News of the Gospel with our community as we invite them to "Come to the Table".

Blessings,

Pastor Phyl

Come to the Table. Words and Music: Seth Crissman and Greg Yoder. Copyright 2019 The Walking Roots Band.

Back to School – Christian Service



Back to school sales have started! The Christian Service Committee needs shoppers to help us gather school supplies for 150 school kits for Lutheran World Relief. Shopping lists and a collection box are in the Welcome Center.

Items needed are: 70 page single subject spiral notebooks (now on sale at Walmart for 35 cents), 30-centimeter rulers (or ruler with centimeters on one side and inches on the other), pencil sharpeners, blunt child's safety scissors, unsharpened #2 pencils

with erasers, five blue or black ballpoint pens (no gel ink), crayons (24 in box), 2 1/2 inch pink erasers.

Monetary donations are also welcome! Make checks out to FLC with Christian Service in the memo line. We hope to have everything we need by September 8. Any and all contributions of supplies or money will help us reach our goal. Questions? Contact Pam Baynard, 681-0157 or pbaynard65@charter.net. Thank you!



YES, VBS IS FOR ADULTS TOO!!!

This year's Vacation Bible School theme is "Come to the Table".

Now you may think that Vacation Bible School is just for kids. No, no, no. Vacation Bible School is also for adults. While the children are having a good time in their activity stations, the adults will be having a good time in their activity station.

This year's adult emphasis is on the Eucharist, which we commonly know as the Lord's Supper or Holy Communion. Our own Ryan-Michael will lead the adults through classes that will complement our Come to the Table theme, but beyond the invitation itself, the adults will look at how the ingredients for this Eucharistic feast are sourced, prepared, and served.

Sunday, August 8:

The Great and Promised Feast

An in-depth look at what we do every Sunday in our Eucharistic liturgy and why.

Monday, August 9:

Singing More than Bread and Wine

We will examine both ancient and contemporary hymn texts and consider how they move the assembly beyond a sweet moment alone with Jesus and into the world where he spent his public life.

Tuesday, August 10:

The Feeding Ministries of First Lutheran

A presentation about the feeding ministries of First Lutheran. Did you know that the Wednesday Feeding Ministry started in 1994? Come and learn more about this outreach to our community.

Wednesday, August 11:

What Are We To Do With Our Daily Bread?

Participants will explore the ways in which they can nourish a Eucharistic spirituality that possesses a worldly trajectory.

Thursday, August 12:

Still Hungry at the Feast

Prompted by a book of the same name, participants will engage in a guided conversation about care for our wounded creation, solidarity with the poor and outcast, keeping the fast, and recovering a eucharistic economy.

Remember, Vacation Bible School will be held here at First, beginning Sunday, August 8 through Thursday, August 12 from 5:30 p.m. to 7:30 p.m., providing a meal, music, story, crafts, games and adult studies!

Vacation Bible School is "God's Work, Our Hands". This is our way of sharing the Good News of the Gospel with our community as we invite them to "Come to the Table".



"Troubling the Waters"

Those of you who follow professional football may remember the name, Emmanuel Acho. The son of Nigerian immigrants, he was drafted by the Cleveland Browns and later played with the Philadelphia Eagles. In 2016 he left the NFL for ESPN, where he was the nation's youngest football analyst. In 2019 he was named to the Forbes 30 under 30 List, and he's now a Fox Sports analyst. He's recently authored a book entitled, UNCOMFORTABLE CONVERSATIONS WITH A BLACK MAN, which Whites seeking to understand and resist racism will find particularly engaging and helpful.

One of the book's chapters is entitled, "What Do You See When You See Me?" with the subtitle, "Implicit Bias." It brings to mind the subject we addressed a while ago, "systemic racism," and which today is being exploited dishonestly for political reasons under the term, "Critical

Race Theory." Acho points out some obvious truths that provide substance to the fact that racist attitudes are thoroughly embedded in our consciousness as white Americans. It is a deeply cultural thing and we are creatures of culture. He acknowledges that he has his own biases in judgments he makes of people, but he doesn't think it's a matter of "beating oneself up" with every biased thought or judgment one has. Nonetheless, we are responsible for our biases, and when we become conscious of them we are able to change our minds. It means we avoid reacting defensively whenever the subject of white racism comes up. If there's anything we would expect from the Christian life, it's the desire to be honest with oneself.



August 2021

Office Hours: 9 AM—4 PM Monday-Thursday, 9 AM -1 PM Friday
Men's Bible Study: 7 AM, Wednesdays, IHOP, 114 E. 21st, Norfolk, VA 23517
Women's Bible Study: 2 PM Tuesdays online, please contact Pastor Mims for more information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10 AM In-Person & Online Worship	2 7 PM Congregation Council	3 12 PM Adult Ministry 2 PM Women's Bible Study 5:30 PM Tuesday Night Dinner Ministry	4 7 AM Men's Prayer Breakfast 12 PM Lunch Ministry	5 6 <div>Pastor Mims' Day Off</div>	7	
8 10 AM In-Person & Online Worship 5:30 PM Vacation Bible School	9 5:30 PM Vacation Bible School	10 2 PM Women's Bible Study 5:30 PM Tuesday Night Dinner Ministry 5:30 PM Vacation Bible School	11 7 AM Men's Prayer Breakfast 12 PM Lunch Ministry 5:30 PM Vacation Bible School	12 5:30 PM Vacation Bible School	13 14	
15 10 AM In-Person & Online Worship <div>Contact Deadline</div>	16	17 2 PM Women's Bible Study 5:30 PM Tuesday Night Dinner Ministry	18 7 AM Men's Prayer Breakfast 12 PM Lunch Ministry	19 5:30 PM Laundry Love 6:30 PM Christians United for Social Change	20 21	
22 10 AM In-Person & Online Worship	23	24 2 PM Women's Bible Study 5:30 PM Tuesday Night Dinner Ministry	25 7 AM Men's Prayer Breakfast 12 PM Lunch Ministry	26 27 →	28	
29 10 AM In-Person & Online Worship	30	31 2 PM Women's Bible Study 5:30 PM Tuesday Night Dinner Ministry	General Deadlines: 12 PM Tuesdays—Life Together Weekly Edition 3 PM Tuesdays—Altar Flowers 4 PM, 15th of every month—The Contact Email kminnick@flcnorfolk.com with your articles & information.			

Community Groups (Strickler Hall): Mixed Groups—Sun. 7:00-9:30 PM; Happy Hour AA Home Group—Mon. 4:30—6:30 PM; Happy Hour AA—Mon. 5-7 PM; SAA—Mon. 7-8:30 PM; Thur. 7:30—9:30 PM; Just For Today—Tue. 10-11:30 AM; Continuing Quest—Fri. 12-1 PM; Candlelight—Fri. 8-9 PM; SNL AA—Sat. 7-9:30 PM

Lessons on the Liturgy

Silence is kept for reflection.

Have you noticed these words in the bulletin?

Can you name, without looking, the moments where they occur?

Silence is a vital element in worship, but one often omitted or simply overlooked. The rests in music are as important as the notes, and they must be counted and honored in the same way that sounds are made. In a similar fashion, silence deepens the experience of the words, music, and actions of worship.

We invite you to notice and to observe these moments. It will take a while before we get good at it. Resist the urge to fidget, shuffle the bulletin, or find the next hymn. We will grow in this together.

Silence teaches us that prayer is not only a conversation involving words, but is also a stance of openness and listening for the voice of God. Lutherans take pride in Psalm 46, mostly because of the famous paraphrase, *A Mighty Fortress*. But look closely at verse 10: “Be still, then, and know that I am God.”

Do You Hear the People Sing?

by Ryan-Michael Blake, Director of Music

In every congregation, and in a variety of acoustical environments, sometimes people say, “I feel like I’m singing by myself. I can’t hear anyone else around me.” It is generally known in musical circles that, if you want to be able to hear others around you, you need to stand within five feet of them. Well, obviously with the six-foot and in some cases ten-foot distance mandated by COVID, the matter was only doomed to get worse, and then adding a mask to the mix made it seem pointless to even try to sing. Now between the time that I am writing this and the time it is published, it is possible that the mask-wearing policy at FLC may be altered or even eliminated, but I cannot declare it so. What I do know is this: we have already started singing in worship again, and so far, if you will forgive the shameless cliché, it is music to my ears!

Carl Spangler once told me about a Sunday some years ago when he was scheduled to be the cantor and arrived at the church only to discover that the use of the organ was not going to be an option. It has been some time since he shared this, so I am fuzzy on the specific reason why. In any case, he made the brave move to lead the congregation in singing without accompaniment. He recalls that the people were timid at first, but quickly grew comfortable with the situation, released their inhibitions, and sang boldly.

This same thing happens every year at the beginning of Lent when we use the chant setting of the service music, and people realize they must carry their song themselves. You will notice we have been using that setting for the past month and

it is no accident. After over a year apart, and a policy of no congregational singing when we began to gather again as a community for worship, it was of vital importance to me that I get to hear you sing.

Over the next several weeks, we will continue this even more as we will be without use of the organ in anticipation of the new installation. In 1970, there was a period of about six months (including Christmas Eve!) between the removal of the Möller and the completion of the Austin installation. In cases like that, it is customary to rent an electronic organ to get by, which is precisely what the congregation did. The project soon to be underway is not anticipated to take that long, so I feel we can more than limp along fine without our crutch.

It is essential to note that, unlike 50 years ago, and even contrary to the convictions of some, the organ is not considered the primary instrument of worship. No, I’m not talking about pianos or guitars, but rather the human voice. For generations, yea, at least a few millennia, the voice of the gathered assembly has been the primary instrument of worship, although it has been overpowered and even silenced during some periods in sacred music history. Indeed, the function of the organ and other instruments in worship is to support and inspire the singing, and make no mistake, it has always been the singing of the sacred text itself and, later, the inspired commentary or testimony thereto, which has sustained the worship of the faithful since its beginning.

Yes, we will use the piano and other instruments some during this period, but ultimately, I ask that you utilize this opportunity to raise your song to God without anything else in the way. Members of the choir are sitting among you — for now — but soon they will be finding their way back to their usual places. I pray that you will delight in this opportunity to learn some new music, and also to do some familiar music in a different way.

“What exactly are we doing with the organ?”

The last issue of *The Contact* laid out a lot of the mechanical problems with the 50-year-old Austin organ, much of which was caused by failures within the console. So, in addition to a new console — what is “seen” — the scope of the work involves a lot of that which is “unseen.” This includes cleaning and regulating the pipes as well as an electrical renovation of the entire instrument; that is, the connection from every key to every pipe. Did you know that some parts of the organ are behind or inside walls and in the basement? Hopefully, the crew will not encounter any basilisks or petrified rats!

Five companies submitted proposals for the project, and they all agreed on two points: 1) although many issues were within the console, the cost of simply replacing the console alone was an inefficient use of resources; and 2) the Austin organ was woefully lacking in terms of timbre or “color.” Limitations of space and money were ostensibly the major factors in this decision in 1969 when the organ was designed and were also noted concessions to the installation of the Möller organ in 1930. Without major renovations a larger instrument could not be accommodated. Fortunately, developments in technology continue to propel forward by leaps and bounds, facilitating the plausible consideration of additional stops in a digital format. Ultimately, a decision was made to retain what was usable of the existing pipework combined with digital ranks into a hybrid instrument. Consequently, the expanded organ will have almost twice the number of stops.

Undoubtedly, some are saying to themselves and probably to others, “Why do we need to add *more* organ? It’s loud enough already!” Indeed, sometimes that is most certainly true. But rather than thinking *louder*, think *fuller*. To illustrate: imagine you were attending a concert featuring one of Beethoven’s larger works, but rather than our fine Virginia Symphony, it was played by a Baroque ensemble on period instruments. While the performers themselves are highly proficient, they would be inhibited by the limitations of their instruments and, furthermore, the small scale of the



ensemble would be inadequate for the fullest presentation. Among the stops to be added are those of an orchestral character: strings, flutes, clarinet. Moreover, there is an abundance of screechy, high-pitched stops at present. Not only will these be tamed, some of the new stops will provide much-needed support to the lower end.

The R.A. Colby Company of Johnson City, Tennessee was selected for this project. Among several notable instruments in recent years, perhaps their crowning achievement to date is the organ at the United States Naval Academy Chapel in Annapolis, Maryland. The quality of their craftsmanship is surpassed only by their integrity and professionalism. It has been said, and it is true, that they build relationships along with their products. We will welcome the arrival of their installation crew on Tuesday, August 31.

Keep an eye out for pictures from Ryan-Michael’s tour of the Colby factory in *Life Together*. This will provide an in-depth look at the technology of the console. Also, look to the September issue of *The Contact* for an update on the installation, and to the October issue for information about the dedication program.

Sing praises to the Lord, O you his faithful ones, and give thanks to his holy name. Psalm 30:4

Worship is one of the hallmarks of our life together at First Lutheran. We appreciate worship that is vibrant and speaks to the soul. We enjoy singing with enthusiasm, and we experience a richness in worship through a variety of musical styles, instrumentation, and liturgical settings.

The organ has been and will continue to be foundational to our worship life and congregational singing, but it has also been in need of repairs for some time. Those repairs, as Ryan-Michael has been sharing with us the past couple of months, are underway! While we will be without the organ for a few weeks this summer, we are hoping to have the new console installed sometime in September. I, for one, look forward to hearing the fresh sounds and improved quality of the updated instrument as well as to discovering how it can be used to enliven our worship together.

Along with the renovations to the organ, we are aware that the role of digital worship will remain an integral part of our worship life. As such, we need to improve the quality and functionality of our audio-video equipment so we can offer a fuller livestream worship experience. We have, through the pandemic, had people from around the country and the world join us in worship over the internet. Expanding our on-line presence with excellence will allow us to continue to share the Gospel of Jesus Christ with people who are not able to be with us in-person but who are still fed through the worship life of First Lutheran.

Both of these endeavors to improve our worship life invite us

to generosity. How has worship at First Lutheran sustained you and given you strength over the years? How integral is music to your love of worship? What difference did it make to you that you were able to continue to worship through the pandemic because of our digital services? How important is it to you that worship at First Lutheran remains vibrant and available to those who cannot be with us?

The updates to the organ and to our audio-visual equipment invite us to generosity. Your financial gift will help offset the costs of these upgrades, which are roughly \$20,000 for the technology equipment and \$250,000 for the organ renovations. If you would like to make a gift to one or both of these undertakings, you may go to the church website (flcnorfolk.org) and choose "Giving" which will take you directly to our online giving page or scan this QR code with your smartphone which will also take you directly to online giving.



Thank you for your faithfulness and your commitment to the work of God in and through our congregation!

You have turned my mourning into dancing; you have taken off my sackcloth and clothed me with joy, so that my soul may praise you and not be silent. O Lord my God, I will give thanks to you forever. Psalm 30:11-12

— Pastor Cathy Mims

Announcing the Members and Status of the Pastoral Call Committee

The committee members are:

- | | |
|--------------------|------------------------------|
| • Ed Grogan, Chair | • Elena Ilardi |
| • Don Buckley | • Yolanda Shea |
| • Christian Fenley | • Jackie Velotas (Youth Rep) |

Status as of July 1st:

- We have conducted three practice interviews with three different pastors in the Va Synod, as recommended by the Synod Office. The practice sessions were to firm up our questions for actual candidates and become aware of questions that might be asked of the Committee by the candidates. Our Committee is now past the practice phase of the process.
- The Synod requires that we interview at least three candidates, and we have interviewed the first of those three candidates. We are in close contact with the Synod Office throughout this entire process.

- Our call process itself is not secretive, so the how, when, why, etc. of the process is open for discussion. Only the "who" must remain confidential to protect the candidates from potentially compromising their positions at the churches where they are presently serving.
- The Call Committee will provide updates on a regular basis to both the FLC Congregational Council and to the congregation in general.
- With the Holy Spirit guiding us, we remain committed in finding a new Senior Pastor for our church.

All questions or feedback for the committee should be addressed to the attention of Committee Chair, Mr. Ed Grogan, at office@flcnorfolk.com.

June 22, 2021

First Lutheran Church
1301 Colley Ave
Norfolk VA 23517-1703

Dear Friends,

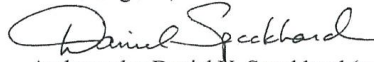
Thank you for your generous gift to Lutheran World Relief's Quilt and Kit Shipping Fund! Your donation ensures that LWR Quilts and Kits get into the hands of a person who needs it.

With your help, we have delivered Quilts and Kits to families in Mozambique whose communities were utterly ravaged by Cyclone Idai. For refugee families, your gift means so much. A School Kit can make the difference between getting an education or missing out. A Personal Care Kit helps families provide for basic hygiene needs, freeing up precious resources. Quilts help families through cold winter nights.

Please stay in touch! During this time of social distancing, we want to continue to bring you closer to the work you are doing around the world and we'd love to show you more examples of your gift in action. Go to LWR.org and sign up for E News to receive the latest updates. If you have any questions, please do not hesitate to contact the LWR staff at 800.597.5972 or lwr@lwr.org.

On behalf of LWR, our partners and those we serve together, please accept my heartfelt thanks once more for your gift and all that it will do.

Warm Regards,



Ambassador Daniel V. Speckhard (ret.)
President and CEO

As required by the IRS, this letter confirms that Lutheran World Relief has given you no goods or services in return for this gift. This letter is your receipt for your charitable gift of \$70.00—Quilt & Kit Shipping Fund.

Thank You Note



VACATION BIBLE SCHOOL

AUGUST 8TH - 12TH
5:30 - 7:30 PM

Join us for a meal, music,
story, crafts & games!

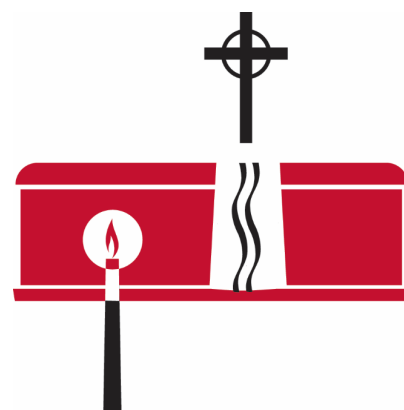
Connect with Others

Hope for the Holidays

Christmas in August? Not really but... for the last several years some of us at FLC have made Christmas cards for immigrant families in detention centers. This is a project sponsored by Lutheran Immigration and Refugee Service (LIRS). This year, hoping to interest a few more in our congregation, the Adult Ministries Committee is planning to have a space at our Day of Service, September 12th, to make the cards.

In preparation, look for any old Christmas cards you may still have. We will cut them up and make new and appropriate cards for these families. We will also have packets to take home if you prefer to make them as a family.

This has been a successful event for LIRS. First Lutheran friends will be taking part in a special holiday tradition to bring some joy and hope to families in detention. Thank you and Dios le bendiga (God bless you). Questions? Call Mary Grubb 483-0153.



“Now, Lord, you let your servant go in peace...”

Join Pastor Mims, Ryan-Michael, and guests for an in-depth look at the funeral ritual and how it connects to baptism, proclaims the resurrection of Christ and promise of new life, and points to the communion of all the saints. Presentations will include: hospice care, how to facilitate conversations about end-of-life matters and legal issues, traditional and alternative methods of burial, as well as tools to help individuals plan their own funerals.

Sundays @ 11:30 a.m.
September 19 - October 24

See the September issue of *The Contact* for more details.

August Birthdays

1 Aug	John Kennard	9 Aug	Aaron Weeks	19 Aug	Jean Bozeman, D.D.	24 Aug	James Fordyce
1 Aug	Jim Melchor	10 Aug	Steve Delaney	19 Aug	Bill Davis	25 Aug	Dan Kelly
2 Aug	Nichole Blaisure	10 Aug	Alex Steckroth	19 Aug	Don Lundquist	26 Aug	Elizabeth Janik
2 Aug	June Harvey	10 Aug	Randall Wiele	19 Aug	Yolanda Reavis	26 Aug	Jen Thompson
2 Aug	Amy Hood	11 Aug	Leslie Tietze	20 Aug	Donovan Gonzalez	27 Aug	John E. Fischer
3 Aug	Debbie Bauman	11 Aug	Elise Williams	20 Aug	Linda Kenyon	28 Aug	Susan Posey
3 Aug	Christina O'Neill	12 Aug	Johanna Bradley	20 Aug	Catherine Wass	29 Aug	Brooke Gates
3 Aug	Faith Winstead	12 Aug	Jessica Scott	22 Aug	Brian Bagans	30 Aug	Pat Davis
4 Aug	David Griffin	13 Aug	Karen Clifford	22 Aug	Emily Curran	30 Aug	Easton Stopa
5 Aug	Kim Granger	13 Aug	Dylan Hurdle	22 Aug	Mimi Ledbetter	30 Aug	Michelle Sutton
7 Aug	Neal Azar	13 Aug	Pam Martin	22 Aug	Diane Newlon	30 Aug	Mary Ellen Torgler
7 Aug	Leslie Bauer	13 Aug	Ted Peterson	22 Aug	Liz Ritchey	31 Aug	Nancy Yokois
7 Aug	Paige Waitzer	16 Aug	Andrew Homan	23 Aug	Alistair Ruggiero		
8 Aug	H. Lee Addison	16 Aug	Maynard Schaus	23 Aug	Dorothy Shaffer		
8 Aug	Jennette Franklin	17 Aug	Carl Biboum	23 Aug	Mary Sikorski		

Connect with Word and Body

Prayer Concerns for August

O God, from you come all holy desires, all good counsels, and all just works. Give to us, your servants, that peace which the world cannot give, that our hearts may be set to obey your commandments; and also that we, being defended from the fear of our enemies, may live in peace and quietness, through Jesus Christ, our Savior and Lord.
Amen.

Give joyful thanksgiving

...For this house of worship and all those who worship here
...For beauty in nature, Your glory we see, for joy and health, friends and family
...For Your scripture that contains great truth in Your instructions

Help us

...To defend the poor and weak despite the rich and strong
...Welcome the refugee, heal a broken planet, feed the hungry, and to build bridges of trust, not walls of fear
...Open our hearts that we may be bold in finding the riches of inclusion and the treasures of diversity among us

Pray for

...Survivors and those who grieve the loss of loved ones from the collapse of the Champlain Towers in Surfside, FL
...Peace and comfort to Patti Bozman and son Jeff, on the passing of Ray Bozman
...Peace and comfort to the Jordan/Guelcher family on the passing of Tom Jordan
...For unaccompanied children at our borders
...For Covid relief in India
...For healing and cooperation in our own country.
...Guidance, patience, and discernment for our call committee
...Blessing and protection of children, the elderly, and the sick who cannot be vaccinated
...Justice for the victims of racial oppression & violence
...Those who are dying, that they are secure in knowing that God loves them & will welcome them into everlasting life.
...People fleeing dire humanitarian situations for a better life.
...The sick, that they are comforted and the despairing, that they receive hope.
...Those struggling with addiction and mental health issues.
...Those mourning the death of loved ones.
...For all who cry out to God in any need.

Margaret Ackley, Gail Anthony, Jean Bozeman, Alvene Buckley, Don Buckley, Lucian Clare, Barbara Cordrey, Tina Dulong, Jennette Franklin, Roger Fuller, Joelle Griffith (mother of Paula Barwick), Valerie & Jim Harvey, Marion Ingersoll, Joann Klotz, Shirley Leafe, Kelley Minschke, Lorna Moss, Bill Newlon, David Perron, Betty Phillips, Fay Rogner, Gail Simos, Shirley Skees, Jane Van Wolkenten, Beth, Betty Lou, Brian, Casey, Dave, Donna & Robert, Gert, Heather and Kevin & their family, Jimmy, Jo Kocasa, Katrina, Leroy, Mark, Rema, Rob, Rocko, Sandra Johnson, Tim

Those dealing with cancer

Alissa (friend of **Dorothy Shaffer**), Bob, James Collier, Iris Corbin, Dave Guelcher (father of Beth Zaletski), Jenn, David Kelly, Vickie Mack, Mark, **Melvin (Jack) Smith**, Phil, Ralph Munsey, Rob, Sandy, Andie Seagraves, Gerald Stover, Dallas Williams, Jess WineKing

Military and their families:

All military personnel around the world.

Fox family, Austin Davidson, Kyle Hefner, Dan Kelly, Bobby Masters, Nick Masters, Ted Peterson, Brian Becker, Amy Hardbower, Nicolette Huntley, Tim Kelly, Ian Logan, Kelly Mackenzie, John Marfield, Nikki Parkman

We lift our prayers to you, O God, trusting in your abiding grace.

— **Amen.**

Readings for August

August 1st

2 Samuel 11:26--12:13a

Psalm 51:1-12

Ephesians 4:1-16

John 6:24-35

August 8th

1 Kings 19:4-8

Psalm 34

Ephesians 4:25--5:2

John 6:35, 41-51

August 15th

1 Kings 2:10-12; 3:3-14

Psalm 111

Ephesians 5:15-20

John 6:51-58

August 22nd

1 Kings 8:22-30, 41-43

Psalm 84

Ephesians 6:10-20

John 6:56-69

August 29th

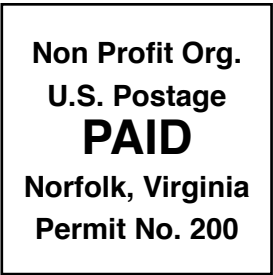
Song of Solomon 2:8-13

Psalm 45:1-2, 6-9

James 1:17-27

Mark 7:1-8, 14-15, 21-23

First Lutheran Church
1301 Colley Avenue
Norfolk, VA 23517



ADDRESS SERVICE REQUESTED

