

The Contact

FIRST LUTHERAN CHURCH — NORFOLK

1301 Colley Ave., Norfolk, VA 23517

Parish Office: 757 625 1953

www.flcnorfolk.com

VOL. XXXV

NOVEMBER 2021

NO. 11

Give Thanks to the Lord

*Oh give thanks to the Lord, for he is good,
for his steadfast love endures forever!*

Psalms 107:1

While November often becomes the “month of giving thanks” for secular society, gratitude is in fact a mark of the Christian life. When we ponder all that God has done for us and given to us – from each breath we take, to the people who love and care for us, the beauty of creation, as well as all the spiritual benefits of our relationship with him – forgiveness, a reason to hope and a sense of peace about life even in the midst of chaos and uncertainty, the surety of salvation and life with him through Jesus – we are moved to give thanks and to praise the name of the Living God. We are called throughout Scripture to offer our thanks to God every day, not just when a national holiday calls for it. Every Sunday we receive Holy Communion, also called the Eucharist, which means the Thanksgiving Meal (Yep! We celebrate thanksgiving every week!).

Why is gratitude so central to our Christian walk? Robert A. Emmons, in his book, *Gratitude Works!* writes that, “Gratitude takes us outside our scope so we see ourselves as part of a larger, intricate network of sustaining relationships...” In other words, if sin is defined as turning in on ourselves, on focusing on me, my and mine, then gratitude pulls us out of ourselves, to see others as integral to our well-being and lives, and to see that life itself is gift.

However, gratitude does not come naturally! It takes mental discipline and time to think, reflect and ponder those things which are good in our lives, those ways in which we have been gifted by others, and how our lives are better off because of the people in them. It actually takes regular practice to cultivate a spirit of gratitude in one’s heart! Even when life is not going as we would like or when we are beset by trials and temptations, seeking things to be grateful for can turn our focus from our suffering to things that are good, can remind us that what we are going through is temporary and not the last word for us (because God has that), and can give us strength to go on instead of giving up.

If you are finding it hard to be grateful today, here are some suggestions to help you turn your mind to those things that you might give thanks for:



1. Recall and write down three good things that happened today for which you could give other people some credit. They can be big or small; they do not need to be spectacular or dramatic. As you write, remember the details. What made it meaningful for you? Why do you think it happened? Did you tell someone else about what happened?
2. Focus on benefits or ‘gifts’ that you have received in your life. These gifts may be simple everyday pleasures, people in your life, personal strengths or talents, moments of natural beauty, or gestures of kindness from others. Be aware of your feelings; contemplate the value of these gifts in your life and then write them down. How might you share these benefits or gifts with others? How might you ‘pay it forward’?
3. Begin a practice of journaling, answering some of the following questions:
 - Who do I appreciate?
 - How am I fortunate?
 - What material possessions am I thankful for?
 - What abilities do I have that I’m grateful for?
 - What experiences have I had that I am grateful for?
 - What opportunities do I have that I am thankful for?
 - What have others in my life done that I am thankful for?
 - What have others done that I am benefiting from in my life (even if I don’t know who those people are)?
 - What relationships am I thankful for?

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Give Thanks to the Lord

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- What am I taking for granted that, if I stop to think about it, I am grateful for?
- What is there about the challenges/difficulties I have experienced (or am currently experiencing) that I can be thankful for? (e.g., What have I learned? How have I grown?)
- What is different today than it was a year ago that I'm thankful for?
- What insights have I gained that I am grateful for?

Thanksgiving is more than a thirty-day exercise in the month of November. It is a habit of the heart to be cultivated with regular, intentional practice that allows us to see God's activity and to know God's presence in all circumstances of our lives. Gratitude, formed into habit, changes our vision, and benefits our spirits.

"If the only prayer you said in your whole life was, 'thank you,' that would suffice." - Meister Eckhart

— Pastor Cathy J. Mims

For everything that happens in life— there is a season . . .

**Ecclesiastes 3:1 - For everything that happens in life—there is a season,
a right time for everything under heaven. (The VOICE)**

To the Saints at First Norfolk,

On March 1, I came to First Lutheran as Interim Associate Pastor and on November 1, my season at First will come to an end.

My time here reminds me of one of my favorite television theme songs. It's from the Carol Burnett show.

*"I'm so glad we had this time together
Just to have a laugh or sing a song.
Seems we just got started
and before you know it
Comes the time we have
to say, 'So long.'"*

These eight months at First Lutheran have been refreshing, invigorating, and energizing. My focus was to provide ministry support in ways that would allow Pastor Cathy time and energy to dedicate to other ministries that needed her attention.

I have made wonderful relationships and memories during my time here. I enjoyed participating in drive-thru communion, making Lenten activity bags for the children, teaching the Ladies Bible



Study classes and confirmation classes when needed, participating in "God's Work/Our Hands" service projects, organizing the youth's participation in the "Great Urban Garden Project" aka planting tomatoes at GAM (Ghent Area Ministries), accompanying our confirmands to confirmation camp at Caroline Furnace and helping to lead the instruction, preaching at Harbor's Edge, team teaching Youth Sunday School, participating in Sunday worship and other seasonal worship events, and to top it all off, helping to lead in-person Vacation Bible School. "Come to the Table" was the perfect theme and related to many of the food ministries we have at First. Even the administrative assignment of updating the Constitution and other church policies and procedures were meaningful and enjoyable!

Thank you, First, for your openness and willingness to allow me to minister to you, with you and to our community. May God continue to open your hearts to innovative ways of loving Him through service to the community.

Blessings,
Pastor Phyl

November 2021

Office Hours: 9 AM—4 PM Monday–Thursday, 9 AM –1 PM Friday
Men's Bible Study: 7 AM, Wednesdays, IHOP, 114 E. 21st, Norfolk, VA 23517
Women's Bible Study: 2 PM Tuesdays online, please contact Pastor Mims for more information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7PM Congregation Council	2 11 AM Lydia Circle 12 PM Adult Ministry 2 PM Women's Bible Study 5:30 PM Tuesday Night Dinner Ministry 7 PM Martha Circle	3 7 AM Men's Bible Study 12 PM Lunch Ministry	4	5 <div>Pastor Mims' Day Off</div>	6  Fall Back! - Set your clocks back one hour tonight!
7 All Saints' Sunday 9:00 AM Sunday School for children, youth & adults 10 AM In-Person & Online Worship 11:30 AM Youth Paint Palette Party 12 PM FLY Luncheon 6:30 PM FLC Book Club	8	9 10 AM Quilting Group 2 PM Women's Bible Study 5:30 PM Tuesday Night Dinner Ministry	10 7 AM Men's Bible Study 12 PM Lunch Ministry	11 Veterans Day Church Office Closed	12	13
14 9:00 AM Sunday School for children, youth & adults 10 AM In-Person & Online Worship 1 PM Annual Meeting	15 <div>Contact Deadline</div>	16 2 PM Women's Bible Study 5:30 PM Tuesday Night Dinner Ministry	17 7 AM Men's Bible Study 12 PM Lunch Ministry	18 5:30 PM Laundry Love	19	20
21 9:00 AM Sunday School for children, youth & adults 10 AM In-Person & Online Worship 1:00 PM Youth Committee Meeting (via Zoom)	22	23 10 AM Quilting Group 2 PM Women's Bible Study 5:30 PM Tuesday Night Dinner Ministry	24 7 AM Men's Bible Study 12 PM Lunch Ministry	25  <div>Thanksgiving Holidays Church Office Closed</div>	26	27
28 First Sunday in Advent 9:00 AM Sunday School for children, youth & adults 10 AM In-Person & Online Worship	29	30 2 PM Women's Bible Study 5:30 PM Tuesday Night Dinner Ministry	General Deadlines: 12 PM Tuesdays—Life Together Weekly Edition 3 PM Tuesdays—Altar Flowers 4 PM, 15th of every month—The Contact Email kminnick@fncnorfolk.com with your articles & information.			

Community Groups (Strickler Hall): Mixed Groups—Sun. 7:00-9:30 PM; Happy Hour AA Home Group—Mon. 4:30—6:30 PM; Happy Hour AA—Mon. 5-7 PM; SAA—Mon. 7-8:30 PM; Thur. 7:30—9:30 PM; Just For Today—Tue. 10-11:30 AM; Continuing Quest—Fri. 12-1 PM; Candlelight—Fri. 8-9 PM; SNL AA—Sat. 7-9:30 PM

Welcoming / Diversity

Sharing the ELCA's affirmation of welcome to Gay and Lesbian people, going back to its Social Statement of 1995 and now reiterated in more recent years, a Sunday School class has been meeting this fall on the subject of being a welcoming congregation. Through various members of our study group on LGBTQ issues, discussions have centered on how to be a welcoming congregation, diversity, inclusion and belonging, unconscious bias, families with gay children, and LGBTQ terminology, among other things.

Several more classes will occur the end of October (a unified approach to minority issues) and November 7 (creating a welcoming statement). Look for further information on the continuation of the class in January.

As we know, these brothers and sisters have been condemned by the church and there still remains anti-gay prejudice throughout our society. An explicit welcome is all the more needed and all the more important.

"Troubling the Waters"

The subject of reparations has been controversial in our country, but recently it has been getting serious attention from churches and the larger society. Why? It's the realization that our country's wealth has been largely built upon the exploitation of a vulnerable Black population. The economic effect over the years from slavery, legalized segregation, and discrimination of all kinds has been dramatic. One example is cited in a 2014 report: for every dollar in a white household a black household has less than 7 cents.

How might this injustice be met? The ELCA has publicly acknowledged its complicity in the American churches' "failure to work for the abolition of slavery and the perpetuation of racism in this church." Could reparations be a viable response?

The Council of the ELCA's Gulf Coast Synod has been discussing this question. They recognize that any amount

of money involved would hardly "pay back" African-Americans for the extensive losses they have endured, but it could well be a meaningful symbolic gesture, indicating a change of heart. If every Synod in our Church encouraged its congregations to budget an amount for their congregations of color (too often struggling financially) it could make a considerable impact, not just financially but in strengthening the unity of the Synod itself.

However it is done, we should not shy away from the notion of reparation. It's "bearing fruit worthy of repentance." It requires the courage to be honest about our history and to do something about it.





Over 80's & Lydia Group Members
Mark Your Calendar & Save the Date!

CHRISTMAS MUSIC EVENT

Tuesday, December 7th at 1:00 PM

Bring your spouse & enjoy a special musical event with
Ryan-Michael Blake in the sanctuary of First Lutheran featuring
the capabilities of our new organ!

Questions? Contact Merrie Jo Milner (757) 560-0781 or
Joanna Griffin (757) 576-5123

Christian Stewardship

It has been said that Christian stewardship is everything we do after we say 'I believe.' It is the way we use the resources God has entrusted to our care – our time, our talents/gifts, and our money – so that we can love God and our neighbor.

Stewardship involves responsibility and accountability for the care and management of what belongs to another. Psalm 24:1 declares, "The earth is the Lord's and all that is in it, the world and those who dwell therein." Another translation reads: "God owns everything!" In other words, all that we have and all that we are comes from God's hands. All is gift!

This affirmation contradicts the deeply held conviction in our society that it is by our own labor and effort that we earn a living and can purchase all the things we have. Christian stewardship dares to proclaim that God is the creator and owner of everything, and God entrusts us with the wellbeing and care of all that we have. We are therefore stewards and caretakers – but not owners. Our job is to use wisely the gifts we have been given – time, talents, possessions, money, creation, and other resources – for the benefit of community and to the glory of God. We are responsible and accountable to God for the wellbeing and care of all that God has created and given.

So how might our calling as Christian stewards guide and direct our lives? Here are some thoughts:

1. *Gratitude as one's basic approach to life. For the steward, gratitude is not an occasional response but is the basis for a posture of thanksgiving in all things: "For everything created by God is good, and nothing is to be rejected, provided it is received with thanksgiving; for it is sanctified by God's word and prayer." (1 Timothy 4:4-5) All stewardship beings in gratitude to God as the Giver of life, salvation, and health. As followers of Jesus, we trust God's abundance.*
2. *Stewardship is counter-cultural. We live in an acquisitive, narcissistic culture. From an early age we have been socialized to measure our worth according to the impressiveness of our possessions and our security according to our financial holdings. By contrast, Jesus warns his followers of the spiritual danger of money (see Luke 12:20-21). It requires immense spiritual*

strength and the support of a counter-cultural community of faith to resist the lure of measuring one's life according to riches. As followers of Jesus, we seek the treasures of God's kingdom and hold to the values of Christ above those of the world around us.

3. *Stewardship entails a life of care for the neighbor. God gives us a world of neighbors in need. Our neighbors include the members of our family, our friends, our colleagues at work. But that is not all. God also gives us impoverished neighbors in our local communities and neighbors in need across the globe. As followers of Jesus, we see and value our connectedness with others.*
4. *Stewardship involves care for God's creation. For too long Christians have understood themselves as sovereign over rather than stewards of creation. Many of the disastrous consequences for the environment derive from an attitude that has misconstrued what it means to 'have dominion' over the earth, forgetting that we too are a part of creation and that our lives are intimately connected with the natural world. The extent of environmental degradation in the contemporary world makes this a first order priority for Christian stewards. As followers of Jesus, we care for the world God has made.*
5. *Tithing as a spiritual discipline. The value of tithing is in claiming it as a freely chosen spiritual discipline to assist us in worshipping God above all things. I choose to make my giving decision first, and arrange my life from there. As followers of Jesus, we embrace financial health as an expression of faith.*

We are not sometimes stewards and other times something else. Stewardship is a way of life – from dawn to dusk, birth to death, each and every day.

(taken and adapted from Craig L. Nesson's article, "A Well-Formed Stewardship Leader is Grounded in Biblical and Theological Principles")

Congregation Council Nominees

The nominees for Church Council this year are: Joy Kelly, Julie Moberly, Elizabeth Moll, and John Wittmann. Nominees were asked to share where they have served in this and other congregations and communities that would help them in their works as a Congregation Council member.

Joy Kelly

Occupation: Adjunct Faculty, Old Dominion & The Art Institute



Joy has called First Lutheran home for the past 30 years since she came as a college student actively involved in ODU Lutheran Campus Ministries. Using her gifts of teaching and hospitality, she has served as a Sunday School teacher, floral arranger, and kitchen volunteer for lunch ministries, youth events, NEST, and

more. Joy's vocation is education, having more than 25 years of teaching experience at various education levels, including preschool, elementary, secondary, and higher education. She currently teaches fashion marketing and management courses at ODU and The Art Institute. In her free time, she enjoys spending time with her family (husband Dan and children Max & Maggie). Her hobbies include running, gardening, reading, and volunteering in the community.

Julie Moberly

Occupation: Science Writer & Publications Manager for NASA (formerly); Homemaker



Julie has been an active and enthusiastic member & volunteer of First Lutheran Church for over 20 years. In addition to originating and directing the Children's Chapel program, Julie has also taught Sunday school for youth, children, and adults; music for VBS campers and American Sign Language for young Wednesday

afternoon learners which have allowed her to connect with various groups within the church. Julie has also enjoyed sharing her musical gifts with the church through her participation in the adult choir, bell choir, and leading the annual children's Christmas pageant. More recently she has served in the lay Eucharist ministry and continues to serve on the Youth Committee, Tuesday dinner ministry, and as an altar floral arranger. Professionally Julie worked for NASA as a science writer and publications manager before staying home with the family's twin daughters, Jackie and Meghan. For fun, Julie relishes family adventures traveling or riding bicycles with her husband, Steve & their daughters, cooking and playing with their Whoodle, Beckett.

Elizabeth Moll

Occupation: Pediatric Nurse Practitioner



Elizabeth has been involved at FLC for many years, serving as the Chair of Worship Decorations, on the Altar Guild, Flower Re-Arranging, Communion Clean-Up, Mutual Ministry, Greeter, NEST, Lunch Ministry & Martha Circle. As a pediatric nurse, Elizabeth is a good communicator, listener, and works well with others. Elizabeth

writes “I try to put myself in another person’s shoes and listen with respect to their opinions & ideas which may not match my own.” She believes that she will bring the Council a positive attitude, open mind, and calm demeanor. Elizabeth’s hope for the congregation is that everyone can find a way to share their gifts as there are so many talented and skilled members at FLC. She wants to provide opportunities for all members to put their faith into action.

John Wittman

Occupation: Government lawyer (retired) and consultant



John believes he would be able to help the Council discuss various issues facing First Lutheran today such as Campus Ministry, social issues, youth, FLC property concerns and an aging population. When asked to describe First Lutheran’s strengths, John writes, “A.) The commitment of the Congregation in the wide variety of endeavors undertaken

by First Lutheran, including, but not limited to: mission support, educational support, NEST, Food Bank, school supplies, Christmas Angel tree and many more. B.) The commitment of the congregation to our youth group.”

John joined First Lutheran with his wife Vicki and their son Blake when the family relocated to Norfolk from Madrid, Spain, in 1989. John served on the Property Committee and spoke to the congregation regarding the need to make physical improvements to the church. In 2000, his family moved to Hawaii and upon reaching his retirement in 2009, they returned to Norfolk. John and his family feel that First Lutheran is a great “home” for their spiritual needs and the feeling of warmth they’ve experienced here is something they want the community at large to experience as well.

“Additional nominations may be made by any voting member of the congregation by submitting the nominee’s name in writing to the Senior Pastor or the President of the Congregation Council at or before the next regularly scheduled meeting of the Congregation Council. No nomination made by a voting member of the Congregation shall be accepted unless the nominee’s written consent is also submitted with the nomination.” (CRBL3.01.A01)

November Birthdays

1 Nov Riley McElligott	8 Nov Sarah Humphreys	13 Nov Nancy Smith	22 Nov Frank Stachour
1 Nov Craig Stopa	8 Nov Lindsay Reavis	13 Nov Jody Unruh	25 Nov Ellie Ilardi
2 Nov Hartley Rowan	9 Nov Julie Basco	14 Nov Sharon Asam	25 Nov Christopher Keplar
2 Nov Ken Zaletski	9 Nov Blythe Scott	16 Nov Eva Dulong	25 Nov Karen Siegel
3 Nov Harry Kenyon	9 Nov Cadence Vera Cruz	16 Nov Julie Heller	25 Nov Rob Siik
4 Nov Chad Fuhrman	10 Nov Lorette Horsboll	16 Nov Sara Jane Honaker	26 Nov Bernie Duffy
4 Nov Sarah McGinnis	11 Nov Taylor Westerveld	19 Nov Syd Brown	26 Nov Debbie Duffy
5 Nov Debra Barry	12 Nov Bob Weisenbeck	19 Nov Mandy Porter	26 Nov Joanna Griffin
5 Nov Julie Sutera	13 Nov Denise Boyd	20 Nov Michael Dandrea	26 Nov Brick Hill
6 Nov Vivianne Ruggiero	13 Nov Marty Bradley	20 Nov Madison O'Rourke	26 Nov Christen Homan
7 Nov Charlie Anderson	13 Nov Paul Hutchings	21 Nov Julianne Hood	26 Nov Frank Minschke
7 Nov Bill Newlon	13 Nov Stacy Hutchings	21 Nov Linda Turner	29 Nov Laura Mattson
7 Nov Jack Smith	13 Nov Elizabeth Krenzke	22 Nov John Faircloth	30 Nov Richard Cannan
7 Nov LeeAnne Stachour	13 Nov Davis Scott	22 Nov Oliver Janik	30 Nov Austin Davidson

HELP WANTED

Caregiver Assistant Needed

Oceanview Area – \$20/hourly, 3 times per week (Monday, Wednesday & Friday; 9:00 – 10:30 AM) assisting Tina Dulong's mother with miscellaneous care-giving tasks while Tina is working from home and needs to attend meetings during this time. For more information, please call 575-5742.

Congregation Council Summary

At our October meeting held Monday, October 04, 2021, via Zoom, the Congregation Council

- Welcomed our 2021 Confirmands and faith mentors. The Confirmands shared their Bible verses and Faith Objects/Symbols.
- Discussed the 2022 Ministry Investment Plan
- Discussed Nominating Committee for Council Members rolling off in November 2021- Recruiting congregants.
- Discussed Rev. Dr. Pastor Phyllis Milton last day is November 01, 2021, and last sermon is October 31, 2021
- Discussed approving the Constitution at the Annual meeting
- Annual Meeting is scheduled for November 14, 2021
- Covid Task Force provided an update on wearing masks – “it is not a good time to discontinue wearing masks”
- Approved moving \$100,000.00 from Council Discretionary to Checking Account

- Approved moving \$40,000.00 from Real Estate Operating to Building Fund Restricted Account
- Approved Landscaping Design & Bartlett Tree expenses will be deducted from the Building Fund Restricted Account
- Approved additional expenses of \$5,000.00 for Youth Ministry Coordinator to attend National Youth Gathering.
- Approved annual increase for staff
- Approved the renewal of Pastor Mims Interim Contract until December 31, 2021
- Approved minutes from September 2021 Council Meeting
- Approved next Council Meeting for November 01, 2021, by Zoom
- Shared blessings, prayer concerns and prayer partners

The Congregation Council normally meets at 7 PM on the first Monday of each month. The meeting is open to the congregation.

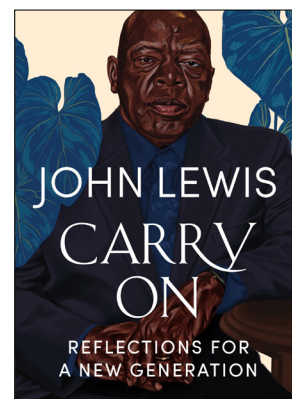
Connect with Others

FLC Book Discussion Group

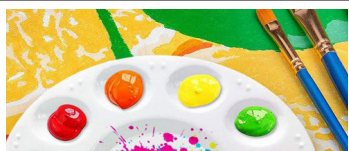
The FLC Book Discussion Group will meet Sunday, December 5 at 6:30 to discuss the newly published book *Carry On: Reflections for a New Generation*, (final meditations of John Lewis).

Congressman John Lewis was a paragon of the Civil Rights Movement and political leadership for decades. A hero we won't soon forget, Lewis was a beacon of hope and a model of humility whose invocation to "good trouble" continues to inspire millions across our nation. In his last months on earth, he dedicated time to share his memories, beliefs, and advice as a message to the generations to come. Lewis had great confidence in our future, even as he died in the midst of one of our country's most challenging years. With this book,

he passes the baton, empowering us to live up to the legacy he has left us with his perseverance, dedication, profound insight, and unwavering ability to see the good in life. Pick up a copy and join us. This conversation is a great way to prepare for the new year!



Reminder: The book for our November 7th Book Discussion is *The Book of the Dun Cow* (Chanticleer the Rooster #1) by Walter Wangerin, Jr. Contact Betty Jean Meyer for the Zoom link for the meeting.



Paint Palette Party!

Come and paint with other members of the youth group on November 7th at 11:30!!! Lunch and paint supplies will be provided. If you plan on attending, please email Maren at maren.corliss.2015@gmail.com, that way she can get a headcount of who's coming and prepare accordingly. We can't wait to see you, and see what you create!



*Philippians 1:3 - Whenever you cross my mind,
I thank my God for you and for
the gift of knowing you.*

I am so very appreciative of your cards, kind words, and gifts in appreciation of my ministry here at First. I ask for your prayers as I discern where God will lead me next. Thank you for your continued affirmation and encouragement.

Blessings,
Pastor Phyl



Martha Circle and the Sounds of Music

On Tuesday November 2nd, Martha Circle will be treated to an up close and personal looking and listening experience. Our Music Director, Ryan-Michael Blake, will showcase the various settings of our newly renovated organ and may take requests of our favorite hymns, too. Join us at 7:00 PM first in the Reception Room followed by this special program.

Lydia Circle

Pastor Mims will be leading a discussion for Lydia Circle on the The Gift of Gratitude on Tuesday, November 2, at 10:30 AM in the Reception Room. It has been difficult to feel grateful during these past few months, but November is the perfect time to reflect on the many blessings God has given us. The meeting is open to everyone. Questions? Contact Pam Baynard, pbaynard65@charter.net, or (757)681-0157.

Connect with Word and Body

Prayer Concerns for November

Sovereign God, you turn your greatness into goodness for all the peoples on earth. Shape us into willing servants of your kingdom, and make us desire always and only your will, through Jesus Christ, our Savior and Lord. **Amen.**

Give joyful thanksgiving

...For the birth of Henry Theodore Roloff, grandson of **Cathy & Rich Whittecar**

...For all who volunteer for the vitality of this congregation

...For all those who work toward peace and who lead nations with a servant's heart

...For all who do the work of healing in mind, body, and spirit

Help us

...Heal the earth so that waterfowl, reptiles, wild horses, dolphins and all living things flourish

...Bring justice for all who suffer violence, persecution, discrimination, hunger, poverty & homelessness

...Create places of refuge for all people

Pray for

...Comfort and healing to **Lori, Bill, Kerri & Patrick Seaman** on the death of Lori's mother, **Betty Petersen**

...Comfort and healing to Connie (daughter of **Flo Trant**)

...Comfort and healing to **Nancy & Jack Smith**

...Peace and comfort to **Marilyn & Paul Jersild** and family on the passing of his sister

...Margaret, Heather, Kevin & their family

...Peace and comfort to the **Hogan family**

...Guidance, patience, and discernment during the call process

...Blessing and protection of children, the elderly, and the sick who cannot be vaccinated

...Justice for the victims of racial oppression & violence

...Those who are dying, that they are secure in knowing that God loves them & will welcome them into everlasting life.

...People fleeing dire humanitarian situations for a better life.

...The sick, that they are comforted and the despairing, that they receive hope.

...Those struggling with addiction and mental health issues.

...Those mourning the death of loved ones.

...For all who cry out to God in any need.

Margaret Ackley, Gail Anthony, Jean Bozeman, Alvene Buckley, Don Buckley, Lucian Clare, Barbara Cordrey, Lynda Falkiner, Jennette Franklin, Roger Fuller, Joelle Griffith (mother of Paula Barwick), Valerie & Jim Harvey, Marion Ingersoll, Joann Klotz, Kelley Minschke, Lorna Moss, Bill Newlon, David Perron, Betty Phillips, Fay Rogner, Gail Simos, Shirley Skees, Jane Van Wolkenten, Ken Zaletski, Betty Lou, Charlotte & Lee Peglow, Chris Jones, Dave, Gert, Harriette Wheatley, Jimmy, Katrina, Mark, Megan, Miriam, Rema, Rob, Sue & Jim Webb

Those dealing with cancer

Alissa (friend of **Dorothy Shaffer**), Bob, James Collier, Iris Corbin, Dave Guelcher (father of Beth Zaletski), Harriette Wheatley (friend of the **Grogans**), Jenn, David Kelly, Vickie Mack, Greg McCorkindale (brother of **Sharon Asam**), Mark, **Melvin (Jack) Smith**, Phil, Ralph Munsey, Rob, Sandy, Andie Seagraves, Gerald Stover, Dallas Williams, Jess WineKing

Military and their families:

All military personnel around the world.

Fox family, Austin Davidson, Tom Douglas, Kyle Hefner, Dan Kelly, Bobby Masters, Nick Masters, Ted Peterson, Brian Becker, Amy Hardbower, Nicolette Huntley, Tim Kelly, Ian Logan, Kelly Mackenzie, John Marfield, Nikki Parkman

Receive these prayers, O God, and those in our hearts known only to you; through Jesus Christ our Lord.

— **Amen.**

Readings for November

November 7th

Isaiah 25:6-9

Psalms 24

Revelation 21:1-6a

John 11:32-44

November 14th

1 Samuel 1:4-20

1 Samuel 2:1-10

Hebrews 10:11-25

Mark 13:1-8

November 21st

2 Samuel 23:1-7

Psalms 132:1-18

Revelation 1:4b-8

John 18:33-37

November 28th

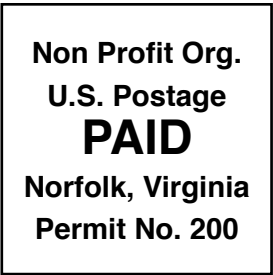
Jeremiah 33:14-16

Psalms 25:1-10

1 Thessalonians 3:9-13

Luke 21:25-36

First Lutheran Church
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ADDRESS SERVICE REQUESTED

